



Everett
 1300 44th Street SE
 Everett, WA 98203
 Phone 425-339-2559
 Fax 425-339-1583

Bellingham
 3106 NW Ave.
 Bellingham, WA
 98225
 Phone 360-734-0298
 Fax 360-734-9679

Mt. Vernon
 1600 Continental
 PL, STE 105
 Mt. Vernon, WA
 98273
 Phone 360-416-6505
 Fax 360-416-8241

Edmonds
 7631 212th Street
 SW, STE 102A
 Edmonds, WA
 98026
 Phone 425-776-1247
 Fax 425-776-8045

Sequim
 566 N Fifth Ave
 Sequim, WA 98382
 Phone 360-797-1001
 Fax -360-797-1003

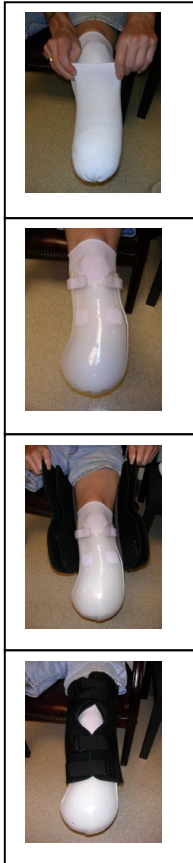
Spokane
 101 E Hastings Rd,
 STE J
 Spokane, WA
 99218
 Phone 509-620-9362
 Fax 509-505-0912

WHAT IS AN RRD?

A Rigid Removable Dressing (RRD) is a custom molded plastic protective socket that protects the end of a limb after an amputation. This device protects your limb if you fall, and helps reduce swelling.

HOW IS IT PUT ON?

The RRD must be applied correctly:



An elastic sock called a “Shrinker” is applied over the dressing. See directions on the package. The shrinker applies compression to reduce swelling.

Slide the RRD over the shrinker so that the kneecap rests just above the rounded area of the socket. If the limb has a bulbous shape, loosen the Velcro on the side of the socket before applying the socket and re-fasten the Velcro when the socket is in place.

If the socket fit is too loose, pull as many prosthetic socks as necessary over the shrinker to achieve a comfortable, snug fit. If the socket fit is too snug for comfort, remove some of the wound dressing and re-apply.

With the socket on, position the knee splint, called a “knee immobilizer,” around the socket and tighten the Velcro straps. The socket will now be attached to the knee immobilizer with Velcro. The knee immobilizer functions to keep the socket in place and the knee extended.

The RRD should be removed at least once a day to change the wound dressing and inspect the limb. Contact Cornerstone immediately if you feel the RRD is not fitting properly or if you see any skin breakdown due to the fit.

USE CAUTION!

Discontinue using the device and immediately phone Cornerstone if you experience redness, pain, skin irritation, or pain from use of your device. Inspect the skin on your residual limb frequently throughout the day.

HOW IS IT CLEANED?

The shrinkers and prosthetic socks should be machine washed and tumbled dry warm setting. The socket can be cleaned with anti-bacterial soap or wiped out with alcohol.

WHAT IF I HAVE QUESTIONS OR PROBLEMS?

Contact your local Cornerstone office if you have questions or concerns about the fit of the RRD.